

We warmly welcome you to join a Psychology Board of Australia approved Clinical Supervision Masterclass

# Working From the Inside Out: The Science and Art of Relational Supervision

Masterclass with Dr Annaleise Robertson

This Masterclass helps supervisors deepen and strengthen their capacity to work *in* relationship; harnessing the rich dynamics of the supervisory relationship to help build supervisee's skills and confidence to work more effectively with the relational potential in their clinical work. This is especially helpful when therapy or supervision is feeling stuck.

**What?** An experiential one-day workshop exploring foundational ways of thinking and working relationally in supervision with practical examples

**Where?** Online via Zoom

**Date?** Friday 13th June 2025

**Time?** 9:00 am - 4:15 pm AEST (Sydney time). 6 CPD hours.

**Cost?** \$550

**Contact:** Numbers are limited so please email [drannaleiserobertson@gmail.com](mailto:drannaleiserobertson@gmail.com) to reserve your place

This Masterclass is suitable for all clinicians and also meets the requirements for a Masterclass to maintain Psychology Board Approved Supervisor status with AHPRA, which is required a minimum of once every 5 years.

Please note that a minimum number of registrants will be required for the masterclass to proceed.



Transformative therapy provides the opportunity to experience the inevitable rupture and repair constitutive of human relationships AND to observe, reflect on, and more deeply experience and embrace this process. Supervising transformative therapy is intense. Both supervisee and supervisor are impacted. Parallel processes abound. The potential for growth and destruction contained within each moment of both therapy AND supervision is an enlivening responsibility to bear together with our supervisees, often accompanied by feelings of fear, excitement, and overwhelm. At these times, supervisor and/or supervisee may fear that something has gone wrong that must be 'fixed' rather than recognising that an enlivening edge has been reached that can provide the supervisor/supervisee and therapist/patient with an invaluable opportunity to deepen and expand relational experience.

**By the end of the Masterclass, participants will be:**

- Able to name the key tenets of relational practice
- Familiar with the evidence supporting the science of relational practice
- Confident in identifying how the relationship can be used in supervision and therapy (the art of relational practice)
- Able to identify how a relational dynamic between a supervisee and patient can be repeated in a parallel process that occurs between a supervisor and supervisee
- Acquainted with techniques and clinical examples of:
  - how to tune into what is happening for you during a supervision session (working from the inside)
  - how to use what is happening for you during a supervision session to deepen and expand a supervisee's therapy (working from the inside out)
- Clear about how to incorporate this learning into their current supervisory practice

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## DR ANNALEISE ROBERTSON

Annaleise (she/her) is a senior clinical psychologist who has worked within public health and tertiary institutes for over fifteen years. She helps people to incorporate psychodynamic, systemic and relational frameworks in clinical practice, enhancing the richness and depth of the therapeutic experience for both patient and therapist. She is passionate about the importance of honouring individual experience and diversity in all its forms.

WE RESPECTFULLY ACKNOWLEDGE THE TRADITIONAL CUSTODIANS AND KNOWLEDGE HOLDERS OF THE LAND ON WHICH WE WORK AND LIVE, AND PAY OUR RESPECTS TO ALL ELDERS PAST AND PRESENT.

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